



Pimpri Chinchwad Education Trust's
S. B. PATIL INSTITUTE OF MANAGEMENT

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EVENT REPORT

Name of the Event / Activity: - **“Session On Importance of Blood Donation & issues due to Thalassemia”**

Committee / Cell: - Institute Social Responsibility

Date : - 12th January 2023

Time : - 10.00am

Venue: - SBPIM

Name of the Faculty Coordinator: - Dr. Iram Ansari & Dr. Aishwarya Gopalakrishnan

Name of the Student Coordinator: - Pratik Vadge & Aashish Mohinkar

Number of Students Participated: - **152**

Number of Staff Participated: - NA

Brief Information of the Event: -

A single drop of blood can make a huge difference.

With this intention in mind SBPIM had organized an awareness session on importance of blood donation and issues in Thalassemia. On National Youth Day, 12th January 2023 ISR committee and Rotaract Club of SBPIM arranged for this session to make the youth know the difference they could make any someone's life. Dr. Kirti Dharwadkar gave the welcome address and appreciated that the youth showed enthusiasm towards this noble cause. Next Dr. Purnima Rao Senior doctor with Sahayadri Hospitals threw light on the myths of blood donation and cleared all the doubts in the minds of the students related to blood donation.

Common Myths related to Blood Donation:

1. Blood donation ups the risk of HIV and other infections.
2. Donating blood can make you sick
3. Older adults cannot give blood
4. If someone is taking medication, they cannot donate
5. You can only give blood once each year
6. You cannot donate if you have high blood pressure

Dr.Purnima Rao then spoke about Thalassemia which is an inherited (i.e., passed from parents

to children through genes) blood disorder caused when the body doesn't make enough of a protein called hemoglobin, an important part of red blood cells. Thalassemia is a treatable disorder that can be well-managed with blood transfusions and chelation therapy. She urged the students to Donate blood as much as possible as the thalassemia patents require blood frequently.

People with thalassemia produce either no or too little hemoglobin, which is used by red blood cells to carry oxygen around the body. This can make them very anemic (tired, short of breath and pale) and lead to many serious health issues. To conclude Dr.Purnima Rao said it is very important to check your partners for thalassemia before getting married.

Geo-tag Photos with Captions: -



Dr. Purnima Rao addressing the students the importance of blood donation and issues caused in patients with thalassemia



Director Dr. Kirti Dharwadkar felicitating Dr. Purnima Rao



Dr. Purnima Rao Addressing students about the myths of blood donation



Group photo with Dr. Purnima Rao and Director Dr.Kirti Dharwadkar

Dr.Aishwarya Gopalakrishnan
Club Advisor, Rotaract Club of SBPIM

Dr. Kirti Dharwadkar
Director

Dr. Iram Ansari
ISR Coordinator

