



Pimpri Chinchwad Education Trust's
S. B. PATIL INSTITUTE OF MANAGEMENT

AICTE Approved | Permanently Affiliated to SPPU, Pune

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EVENT REPORT

Name of the Event / Activity: - **“Defense is the Best Offence”**

Committee / Cell: - Institute Social Responsibility

Date : - 27th July 2021

Time : - 4.30 pm to 5.30 pm

Venue: - Online

Name of the Faculty Coordinator: - Dr. Swapnali Kulkarni

Name of the Student Coordinator: - Ms. Gauri Sasturkar

Number of Students Participated: - 52

Number of Staff Participated: - 10

Brief Information of the Event: -

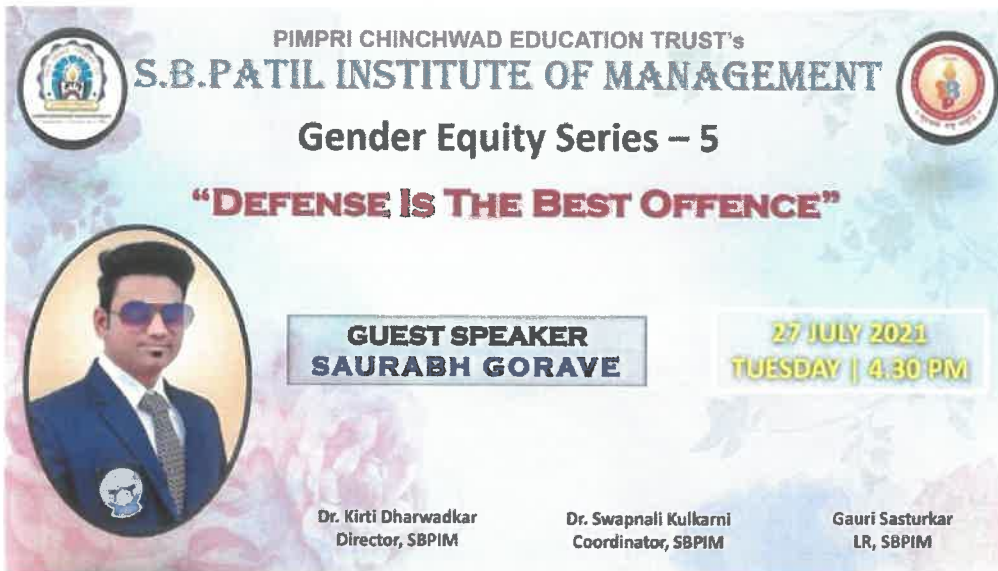
S.B. Patil Institute of Management organized a session on “Defense is the best Offence” for women staff members and girl students via MS Teams platform. The session was delivered by Mr. Saurabh Gorave, Alumni and black belt awardee. The ladies staff members and girl students of MBA – I & II year were present online for the session.

The session started with the welcome speech given by Miss Rutuja Chandere MBA I year. She welcomed Mr.Saurabh Gorave Sir and Miss Pranjal Arote Mam via MS Teams platform and the guest speakers were present in the institute physically for delivering the session and to teach various techniques of self-defense.

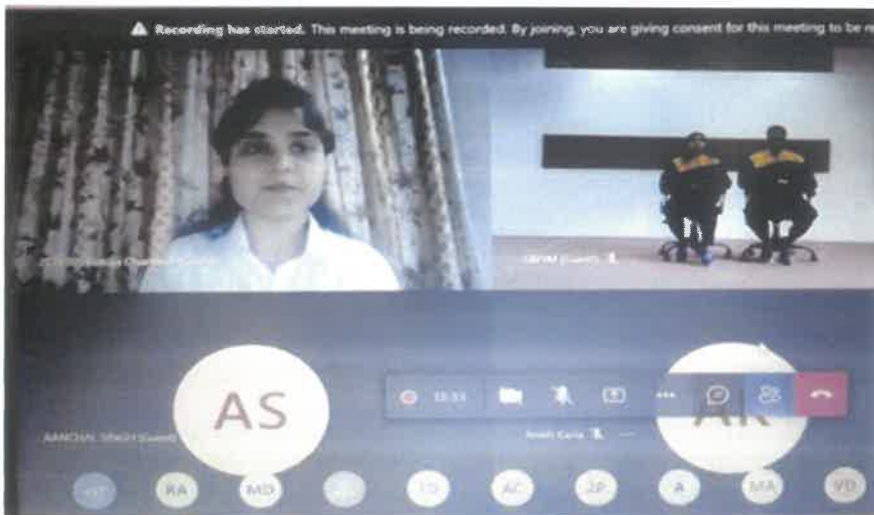
Mr. Saurabh Gorave Sir started his session by teaching various techniques of self-defense especially for women. He told the techniques to be used in tough situations. He told us about where to use the proper technique of karate and tae-kwon-do and when to use it. He explained about how to tackle the difficult situations and the tools that every girl or women should carry with them for their safety purpose. He also spoke about importance of meditation and said that it is very necessary for stress free life in today’s world and also improves the concentration.

Most of the girls found that the session was very useful as it was related to self-defense which every girl and women should learn for the difficult situations in life. The questions was asked by Aachal Singh on behalf of girls where in the participants got satisfactory answers from Mr. Saurabh Gorave . The session ended with Miss Aachal Singh thanking Mr. Saurabh Gorave Sir the guest speaker, Miss Gauri Lady Representative of SBPIM and Dr. Swapnali Kulkarni Mam for coordinating the event and all the participants.

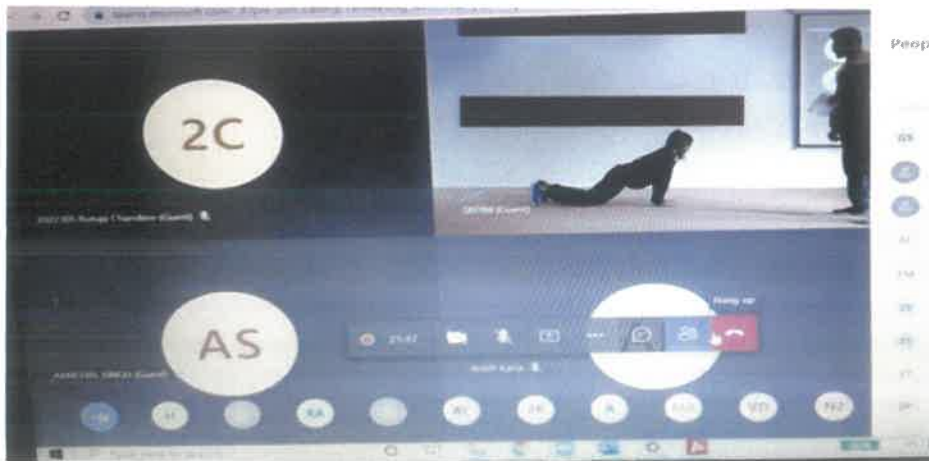
Photos with Captions: -



Poster of event



Screen shot of Online meet



Photos of Online meet

Dr. Swapnali Kulkarni

Coordinator

Dr. Kirti Dharwadkar

Director

