



Topic: Free Health Checkup camp

Date: 27th November 2018

SBPIM
In association with HealthSpring



Jagruti (Social Awareness)

Report on: Free Health Checkup Camp

In Collaboration: HEALTHSPRING

As a part of ISR activity a free Health Checkup

Camp was organized in association with

HEALTHSPRING for the teaching staff, security

Staff, canteen staff and housekeeping staff of PCET

Campus.

As rightly said HEALTH is the real WEALTH

With this intention SBPIM wanted to endeavor awareness about maintaining good health .

To be a support and assistance in this cause, SBPIM organized a Free Health Checkup Camp for all the staff and of our campus. Various test were carried on like

Random Blood Sugar Test, Blood Pressure, Heart Rate, Oxygen Saturation, Body Mass Index , Body Fat analysis, Visceral Fat, Metabolic ae, DCI/BMR, Dental Check up, Eye check up and consultation. **168** people (teaching staff, security Staff, canteen staff and housekeeping staff) took an advantage of this free Health Checkup Camp.

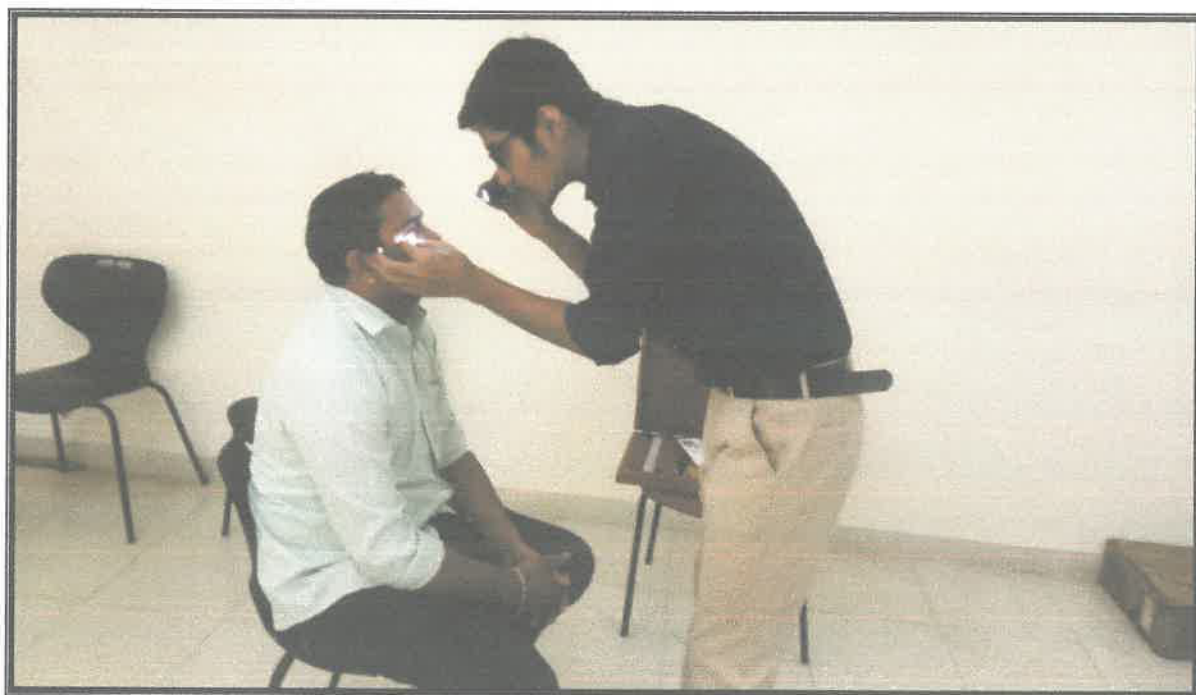
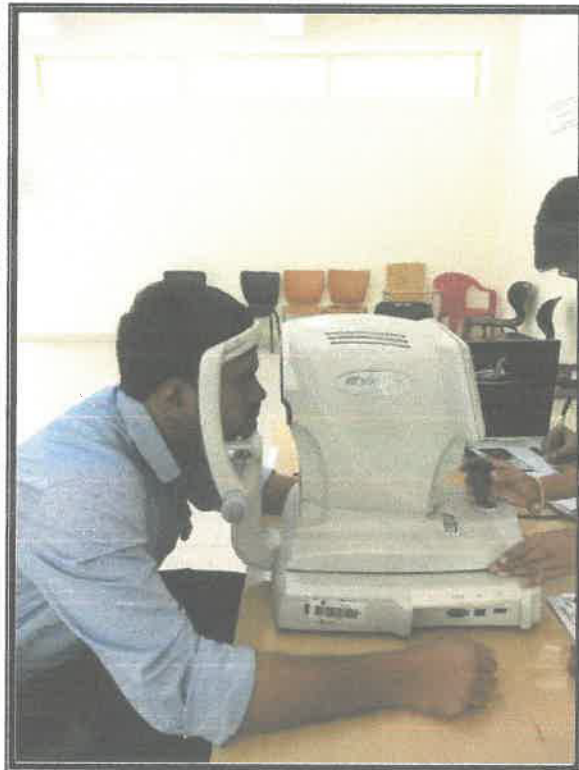
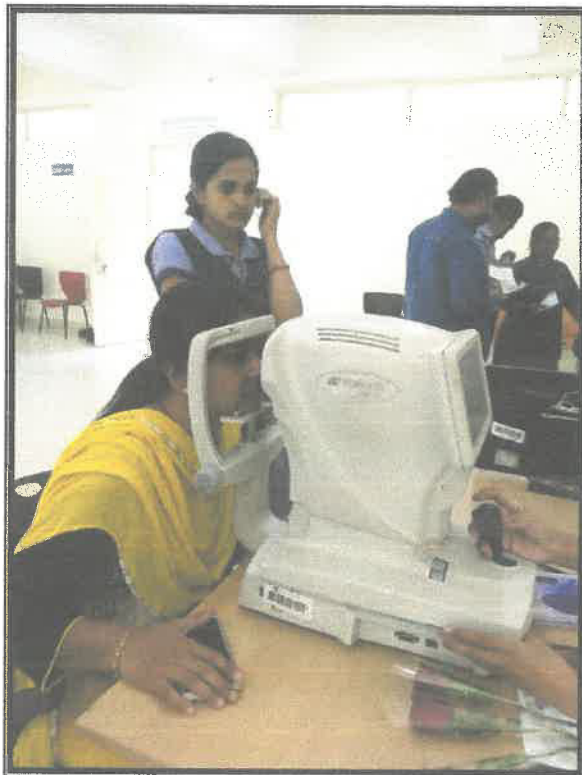




BP & Sugar Checkup



Consultation



Eye Checkup







BMI Index Check up



Prepared By

Dr. Anuradha Phadnis

& Dr. Iram Ansari

ISR Coordinators

Approved by



Dr. Daniel Penkar

Director

PCET's S.B.Patil Institute of Management		
ISR Activity "Free Health Check-up Camp" In Association with "CIGNA- HEALTHSPRING"		
Tuesday 27 th November 2018, 10 am to 4 pm.		
Student Volunter List		
Sr.No	Name of Student Vounteer	Class
1	Yashaswita Patil	MBA I
2	Soham Bobade	MBA II
3	Swapnil Divekar	MBA II
4	Somesh Tamchikar	MBA I
5	Onkar Phadtare	MBA I
6	Rahul Shetkar	MBA II
7	Sonali Mane	MBA I
8	Aishwarya Naroth	MBA I






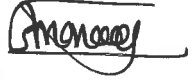








Yashaswita
 Bobade
 Divekar
 Tamchikar
 Onkar P
 Rahul S
 Sonali
 Aishwarya

Total no. of student participation = 8





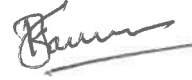








**PIMPRI-CHINCHWAD EDUCATION TRUST'S
S. B. PATIL INSTITUTE OF MANAGEMENT**














**ISR ACTIVITY: "FREE HEALTH CHECK-UP CAMP"
IN ASSOCIATION WITH "CIGNA-HEALTHSPRING"**

TUESDAY 27th NOVEMBER 2018








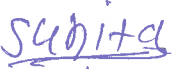



Sr. No.	Name	Name of the College	Designation	Sign
1	Bali S. Khurane	PCCOE - MCA	Asst. Prof	 21/11/18
2	Vijay B. Wankhede	PCCOE -	canteen	
3	Ajay. Raut	PCCOE -	canteen	
4	Sahdeep Adarkar	PCCOE	canteen	
5	Yogesh Patil	SBPIM	Lab tech.	
6	Manoj Shinde	SBPIM	Lab - Assis.	
7	Kishor Kale	SBPIM	MC	
8	Swapnali Kulkarni		Asst. Prof.	
9	Dr Kirati	SBPIM	Professor	
10	Anishkumar Karja	SBPIM	Asst. Prof.	
11	Prakash Ukhalkar	PCCOE	Asst. Prof.	
12	Chetan Patil	PCCOE	Asst. Prof.	
13	Swati Sutpute	SBPIM	Assit. Librarian	




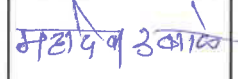


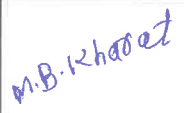

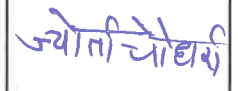




Sr. No.	Name	Name of the College	Designation	Sign
14	Pranita Barbur	S.B.P.I.M	Asst Prof.	
15	Ashwanya G	S.B.P.I.M	Asst Prof	
16	Bhushan Pardeshi	SBPIM	Asst. Prof.	
17	Rishikesh Kym	SBPIM)	
18	अश्विनी फोले	SBPIM	Security	
19	Sambhar Kalbhes	SBPIM	Pran	
20	Mrs. Swati Jagtap	PCCOE	Asst. Prof	
21	Mrs. Sonali Sawant	PCCOE	Asst. prof	
22	Ms. Meenakshi Charan	PCCOE	Lab Asst	
23	Ajaykumar Bidge	PCCOE	student	
24	S.R. Kasar	PCCOE	Rector	
25	R.S. Satras	PCCOE	Parking sup	
26	अश्विनी फोले	अश्विनी फोले	अश्विनी फोले	
27	Pradeep Sandbher	PCCOE	Tel. Asst.	
28	Ajit Patil	pccoe	Asso. Prof	













Sr. No.	Name	Name of the College	Designation	Sign
29	Amanika Bijme	Indira Inst. of mgmt, Pune	Asst. Prof.	
30	Swapnil Soukambe	S.B.P. D.M.	Asst. Prof.	
31	Sushant Patil	fidelsofttech	Employee	
32	शुभलिंग राजे			
33	Babasaheb Ghangwanekar	P.C.T.	H. Supervisors	
34	विश्वनाथ राजे			
35	Krushnaraj Bawane	fidelsofttech	Employee	
36	Rajkamal Sangole	P.C.C.O.E	Asst. prof.	
37	Anand Jain	P.C.C.O.F.	Asst. prof	
38	Dipali Raiikar	P.C.C.O.E.	Asst. Prof.	
39	Poonam katyare	P.C.C.O.E.	Assit. Prof.	
40	Snehitei Borikar	PCCOE	Asst. Prof	
41	Shaikh moule	P.C.P	Elect.	
42	Anjana P.A	PCCOE	HOD MCA	
43	Anuradha Phadnis	SBPIM	Assoc. Professor	




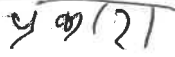








Sr. No.	Name	Name of the College	Designation	Sign
44	Kajal Maheshwari	SBPIM	Asst Professor	
45	D.H. Shailan	PCET	Assistant Engineer	
46	Ramtej Mourya	PCET	contractor.	रामतेज मौर्या
47	Praditi Ballal	PCCOE	Lab assistant	
48	Jayashree Palwe	PCCOE	H/O Gardning	
49	S.R. Khatal	PCP	Head clerk	
50	D.P. Khandekar	PCP	clerk	
51	C.S. Shedge	PCP	Storekeeper	
52	Dinkar Jadhav	PCP	Supar yan	
53	Shridhar Mane	PCP	HK supervisor	
54	Archana G.	Arch	jr. clerk.	
55	Arati Patil	Arch	Lab Assistant	
56	Swaraj Landge	Arch.	Accountant	
57	S.D. Nerawade	PCCOE	Lab Assistant	

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S. B. PATIL INSTITUTE OF MANAGEMENT
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 TUESDAY 27th NOVEMBER 2018












Sr. no.	Name	Name of the college	Designation	Sign
58	Shakila Nadlaph	PCCOE	Housekeeping	
59	Sushila Jadhav	PCCOE	Housekeeping	
60	Vaishali	PCCOE	Housekeeping	
61	Vidya Khandare	PCCOE	Housekeeping	
62	Surekha	PCCOE	Housekeeping	
63	Dasmit	PCCOE	Housekeeping	
64	Surekha Thorat	PCCOE	Housekeeping	
65	Sunita Thorat	PCCOE	Housekeeping	
66	Ranjana Landage	PCCOE	Housekeeping	
67	Shinde Ravidas	PCCOE	Housekeeping	
68	Nilesh Lohkare	PCCOE	Housekeeping	






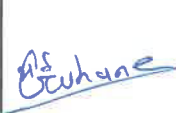



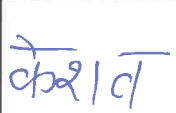



Sr. no.	Name	Name of the college	Designation	Sign
69	Suroaj Pawar	PCCOE	Housekeeping	
70	Aarti S. Pawar	PCCOE	Asstt-Prof.	
71	Sonal P. Shirke	PCCOE	Asst. Prof	
72	Madhav Mahadev Ch Ubale	PCCOE	Security	
73	Rajkumari Gaikwad	PCCOE	Housekeeping	
74	Susmita NT Shetty	PCCOE	Security	
75	Mukesh Khatat	PCCOE	Housekeeping	
76	Sushil Shende	PCCOE	Asst. Prof.	
77	Jyoti Chaudhari	PCCOE	Housekeeping	
78	Bhakti Radhikaparkhi	PCCOE	Asst. Prof.	
79	Jayashree Patil	PCCOE	Lab Asst.	
80	Snehal Rume	PCCOE	Lab Asst	
81	Aparna Patil	SBPIM	Student	






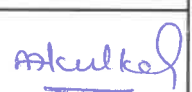


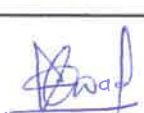




Sr. no.	Name	Name of the college	Designation	Sign
82	Madhukar Laxdga	PCCOE	Lab-Assist	
83	Awate Bhaskar	PCCOE	TL	
84	Mr. Biradar Golad M.	PCCOE	Lab. Assst	
85	Nikhil Dalvi	SBPIM	student	
86	Kamal Yadav	PCCOE	Housekeeping	
87	Sh S.H. Bedge	PCP	Peon	
88	champa Pawar	PCCOE	Housekeeping	
89	Deepale Mali	PCCOE	Hostel	
90	Bhalesga	PCCOE	gfm	
91	R.K. Vaze	MBA	Auditor	
92	M.D. Kalbhor	PCCOE	Jr. clerk	
93	D.B. Dangot	PCCOE	Peon	
94	A.D. Mule	PCCOE	Jr. Clerk	












Sr. no.	Name	Name of the college	Designation	Sign
95	Ms. Bharat S. Bhave	PCCOE	clerk	
96	Mr. Santosh K. Bhalekar	PCCOE	clerk	
97	Prabhakar Gawali	PCCOE	Gardner	
98		PCCOE	staff.	
99	Ankush Bisedar	Canteen		
100	Suresh Shinde	Canteen.		
101	Sandhya Zende	PCCOE	clerk	
102	Puja Kanburkar	PCCOE	staff	
103	Ashwini Shinde	PCCOE	staff.	
104	Manisha Chinchkar	PCCOE	staff	
105	Sangeeta Patil	PCCOE	staff	


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Sr. no.	Name	Name of the college	Designation	Sign
106	Dr. Amarish Padma	S. B. Patil Institute, Nigdi Pune	Asst. Professor	
107	Dr. Padmalochan Bisnoi	S B Patil Inst. Mgmt.	A. P.	
108	meena Shobhane	PCP	Acc. Assi.	
109	Deepa Phansal Theli	PCP.	ss-clerk.	
110	Mrs. Meena Rajaram Dhamale	PCP	Sr. Clerk	
111	Mrs. Sneha Sunil Dumbre	PCP	Office Attendant	
112	Nawale M.R.	PCCOE	Tech. Assistant	
113	Mrs. N. P. Sonar	PCCOE	Tech. Assistant	
114	Mrs. Varsha Haripale.	PCCOE	Asst. Prof.	
115	Amit Gaikwad	SBPIM	peon	
116	Sushil Kalbhor	SBPIM	jr. clerk.	












Sr. no.	Name	Name of the college	Designation	Sign
117	Arvind S. Dondhe	S. B. P. I. M	Driver-Peon	
118	Chot P. P.	S B P I M	Head clerk	
119	Borate Ganesh	PCCOE	Assistant Rector	
120	Salim Shaikh	PCCOE	electrician	
121	LAKSHMI J	S.B.P.I.M	ASSISTANT PROFESSOR	
122	Harshal S. Garhane	PCCOE	Peon	
123	Abhijeet K. Phuy	PCCOE	Lab Asst	
124	Iram Ansari	SBPIM	Assistant Professor	
125	Shivani Kotorwar	SBPIM.	—	
126	दीप (द)	ग.द.।.२ PCP	Canteen	
127	शंदिप नर	PCCOE	Canteen	
128	शंदिप नर	PCCOE	Canteen	
129	Akbar Shaikh	PCCOE	OFFICE	

Sr. no.	Name	Name of the college	Designation	Sign
130	B.M. Thorat	PCCOE	Libn	
131	T.J. Lardge	PCCOE	office	
132	S.S. Bhalke	PCCOE	office	
133	M.S. Gaikwad	PCP	Workshop	
134	S.M. Phavale	PCCOE	E & TC	
135	V.A. Kulkarni	PCCOE	E & TC	
136	D.R. Dashputr	PCCOE	E & TC	
137	S.S. Kumbhar	PCCOE	E & TC	
138	N.V. Gaikwad	PCCOE	Mech	
139	A.S. Bagwan	PCCOE	F.E	
140	G.N. Tarte	PCCOE	F.E.	
141	K. Tjane	PCCOE	Computers Engg.	
142	R. Pitale	PCCOE	Computer Engg	

Sr. no.	Name	Name of the college	Designation	Sign
143	Angat Kamble	PCCOE	Canteen	
144	Ram Popale	PCCOE	canteen	
145	Mrs. U.R. Parab	PCCOE	O.S.	
146	Mrs. N.V. Hippalgaonkar	PCP	Lecturer	
147	Mrs. Shama Urade	PCCOE	Jr. clerk	
148	Kiran Ghare	PCCOE	Jr Clerk	
149	Archana Kulkarni	— u —	Exc. Asst.	
150	Kalpna Nipunge	— —	Gr clerk	
151	Rajani. P.K	PCCOE	Asst Prof	
152	Onkar. Phadtare	SBPIM	Student	
153	Somesh. Tamchikar	SBPIM	Student	

154 

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Sr. no.	Name	Name of the college	Designation	Sign
154	Swarnil Divkar	SBPIM	Student	
155	Yashaswita Patil	SBPIM	student	
156	Sonali Mane	SBPIM	Student	
157	Aishwarya N	SBPIM	student	
158	Rahul Shetkar	SBPIM	Student	
159	Soham Bobade	SBPIM	Student	
160	Pallavi Dhade	PCCOE	Assistant professor	
161	M.P. Lokhande	PCCOE	- 11 -	
162	Akshay Ardad	PCCOE	Canteen Attendant	
163	Ayane S.S	PCCOE	Asst. Prof.	
164	K.B. Kotamye	PCCOE	Asst. Prof.	

PCET's, S.B.Patil Institute of Management

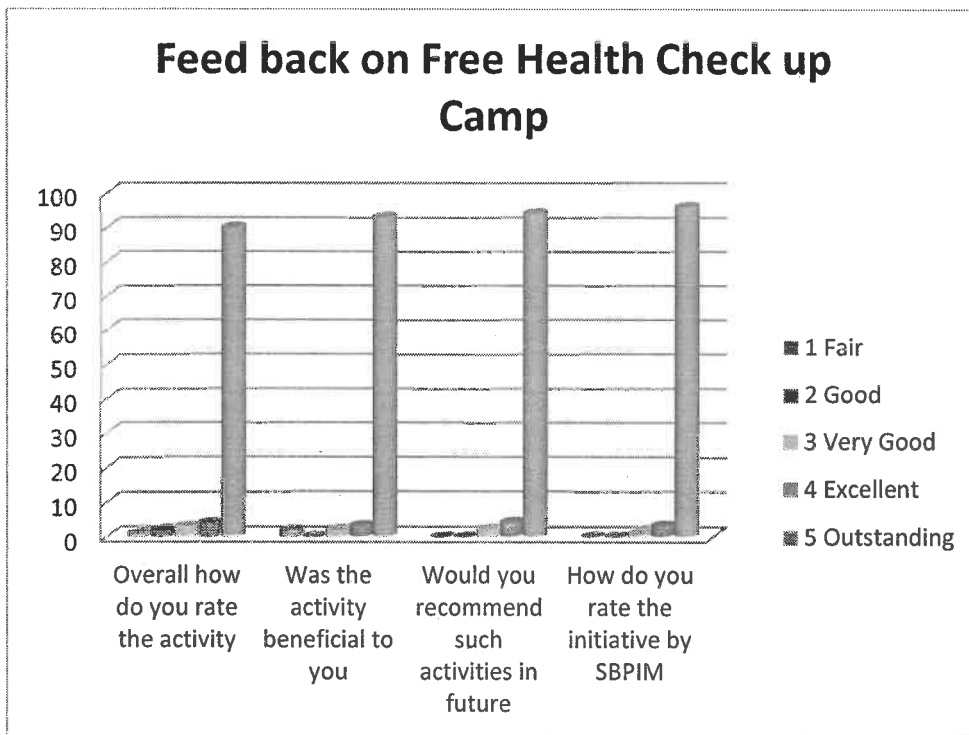
“Free Health Checkup Camp”

In association with HEALTHSPRING

Dated: 27th November 2018

FEEDBACK ANALYSIS

Sr.No.	Questions
1	Overall how do you rate the activity
2	Was the activity beneficial to you
3	Would you recommend such activities in future
4	How do you rate the initiative by SBPIM



Data Interpretation:

Over all feedback of the entire Health Checkup camp was outstanding. People appreciated the initiative taken by SBPIM

Suggestions	
1	VERY GOOD INITIATIVE , SHOULD CONTINUE IN FUTURE
2	Over all nice activity
3	Excellent , Keep it up
4	VERY USEFULL , GOOD INTIVATIVE

CAMP CARD

OUR SERVICES

- Eye Vision Testing
- Eye Pressure
- Doctor's Consultation
- Investigations & Surgeries
Cataract, Retina (Diabetic Complications,
Dry Eye Treatment, Computer Vision Syndrome),
Glaucoma, Lasik & Refractive Surgeries,
Pediatric & Squint etc.
- Inhouse Optical & Pharmacy Shop
- Other Eye Care Facilities



Terms and Conditions Apply



IN CONSULTATION
CHARGES WITHIN 7 DAYS

Name: Anuradha Phadnis Age: _____ Sex: _____

Address: _____

Phone No.: 9850728206

VISION SCREENING DETAILS

<u>+0.25 / -1.25 / 85</u>	<u>+0.25 / -1.00 / 80</u>
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Right Eye

Left Eye

WORKING FROM MONDAY TO SATURDAY

OUR HOSPITAL NETWORK:- MAHARASHTRA - Mumbai, Aurangabad, Kolhapur, Nagpur, Nashik, Sangli,
Pune - Kothrud & Magarpatta, RAJASTHAN - Jaipur, Jodhpur, GUJARAT - Ahmedabad, Surat, MADHYA PRADESH - Indore,
Bhopalpur, Chhindwara, BIHAR - Patna, CHATTISGARH - Raipur, JHARKHAND - Ranchi, UTTAR PRADESH - Kanpur, Lucknow.

₹ 500/-

Date _____ Followup Date _____ Sr. No. HS- **756583**

Date _____ Sr. No. HS- **756583**

Name Anuradha Phadnis
(First name) (Middle name) (Last name)

Name Anuradha Phadnis
(First name) (Middle name) (Last name)

Age _____ Gender M / F

Age _____ Gender M / F

Mobile

9	8	5	0	7	2	8	2	0	6
---	---	---	---	---	---	---	---	---	---

Email _____

Address _____


Lead Status		
Interested	Not Interested	Not Sure

Pharmacy req / month (₹) _____


Package pitched _____

Activity Name _____

Readings		
Height (cm) <input type="text"/>	BMI <input type="text"/>	Blood Pressure <input type="text"/>
Weight (kg) <input type="text"/>	DCI/BMR <input type="text"/>	Heart Rate <input type="text"/>
Body Fat% <input type="text"/>	Metabolic Age <input type="text"/>	RBS <input type="text"/>
Muscle Mass <input type="text"/>	Body Water% <input type="text"/>	SPO2 <input type="text"/>
Bone Mass <input type="text"/>	Visceral Fat <input type="text"/>	



Readings		
Height (cm) <input type="text"/>	BMI <input type="text"/>	Blood Pressure <input type="text"/>
Weight (kg) <input type="text"/>	DCI/BMR <input type="text"/>	Heart Rate <input type="text"/>
Body Fat% <input type="text"/>	Metabolic Age <input type="text"/>	RBS <input type="text"/>
Muscle Mass <input type="text"/>	Body Water% <input type="text"/>	SPO2 <input type="text"/>
Bone Mass <input type="text"/>	Visceral Fat <input type="text"/>	



Note : This analysis is purely indicative and not a replacement for a doctor consultation or more advanced testing. Please consult with a doctor before you act on these readings.

ACK

Self Back Qty. 7500 CYA



family doctor



24x7
emergency



diagnostics



comprehensive
chronic care



specialist care
co-ordination



pharmacy



home care



physiotherapy



vaccination



diet &
nutrition



HEALTHSPRING
FAMILY HEALTH EXPERTS

Dear Manager, / Director

*S.B. Patil Institute
of Management, Pune*

Greetings!

It gives me great pleasure to introduce Healthspring - Family Health Experts to you, which is set up by some of India's best doctors to address an increasingly large void in the Indian Healthcare scenario: that of high-quality, organized primary care (out-of-hospital care) that is consistent, meets international standards of care, is focused on patient convenience and safety and has the highest levels of ethics and transparency.

Our 1st Healthspring center was launched in September 2011 at Goregaon- East, followed by, Kemps Corner, Khar (W), Powai, Andheri (W), Vashi, Thane, Parel, Shivaji Park, Mulund, Borivali, Cuffe Parade, Malad and we have also launched our centers in Pune Kalyani nagar, SB road, Aundh, Viman nagar, Senapati Bapat Road and now also opened our outlet which is in Pimple saudagar Kokane Chowk.

Each of our centers is staffed by full-time physicians (typically 4) who are well-qualified, well-trained, and practicing care as per the latest International Protocols from the National Institute of Health and Clinical Excellence (NICE) International, UK.

The centers have all routine facilities under one roof, including a high-quality pharmacy, routine diagnostics and minor procedures room. We have a focus on patient convenience and safety, with on-time appointments, electronic medical records, and high-quality spaces. The centers work from 8 am to 9 pm. In any emergency, we have a doctor on call who will respond 24 hours x 365 days, for members!

We provide doctor and nurse home visits and around-the-clock emergency service for members, where our doctors respond to you along with an ambulance if necessary and backed up by emergency treatment tie-ups with Pune's best hospitals. We also provide access to the best specialists and hospitals, on the best terms, through our extended panel.

In our endeavor to create awareness about maintaining good health, we conduct a Free Health Check Up for employees and customers, which will include the following tests.

Random Blood Sugar Test,
Blood Pressure
Heart Rate
Oxygen Saturation
Body Mass Index
Body Fat analysis
Visceral fat
Metabolic age
DCI/BMR
Consultation

Dental check-up, Eye check-up

Thanking you.

Regards,

Pankaj Choudhari
Asst. Business Manager
Healthspring
9890474003, 8828113714
Email - pankaj.choudhari@healthspring.in

www.healthspring.in | 86528 86529

MUMBAI - Andheri (E), Andheri (W), Borivali, Cuffe Parade, Dadar, Dombivali (Lodha Palava), Ghatkopar, Goregaon, Juhu, Kandivali, Kemps Corner, Khar, Mulund, Malad, Parel, Powai, Thane (Ghodbunder | Panchpakhadi), Vasai. **NAVI MUMBAI** - Kharghar, Koparkhairane, Nerul, Sanpada, Vashi.

PUNE - Aundh, Kalyani Nagar, Pimple Saudagar, Senapati Bapat Marg, Viman Nagar.

BANGALORE - Koramangala, Sadashivnagar