

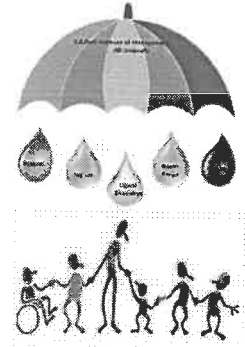


**Topic: "The Power of a Positive Mind"**

**Date: 17th December 2020**

**by**

**Ms. Arpita Ghosh (Senior Counsellor),  
CHRIST(Deemed to be University)Lavasa**



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## **Jagruti (Social Awareness)**

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**No. of students participated: 51**

**Faculty Coordinators: Mr. Rishikesh Kumar and Dr. Iram Ansari**

**Student Coordinators: Kalyani Gupte and Pratik Pawar**

**No. of Faculty participated: 14**

**"The Power of a Positive Mind" By Ms. Arpita Ghosh (Senior  
Counsellor, CHRIST(Deemed to be University)Lavasa.**

The corona virus pandemic has affected thoroughly the entire world badly; it has not only paralysed the economy, but has drastically affected the people emotionally. It has affected the people of ages, and keeping this in mind a session for the students was conducted on the topic "The Power of Positive Mind". Ms. Arpita Ghosh spoke about IQ, EQ, AQ and she spoke about how a positive mind has a positive impact on the mind. She also made students meditate and made them realize how simple it is to calm your mind by just cutting off from everything in just few minutes. She also made the students realize that the feeling of confinement and frustration is common during the lockdown and pandemic times. We need to find out ways and means to come out of it. Arpita madam made the students share their issues if any. She suggested that most important skill needed during these

  
**Director**



times is to be resilient. Students really felt very relaxed after the meditation and question answer sessions.

PIMPRI CHINCHWAD EDUCATION TRUST'S  
**S. B. PATIL INSTITUTE OF MANAGEMENT**  
**PUNE**  
Website : [www.sbpatilmba.com](http://www.sbpatilmba.com)

Institute Social Responsibility Cell  
Welcomes



**Ms. Arpita Ghosh**  
**Senior Counselor**  
at  
**CHRIST (Deemed to be University)**  
**Lavasa**  
a  
**Guest Session**  
on  
**" The Power of a Positive Mind "**

**Date : 17th December, 2020 & Time : 10:30 AM - 11.30 AM**

Prepared by



Dr. Iram Ansari

Mr. Rishikesh Kumar



Approved By



Dr. Kirti Dharwadkar

Director



Director

S. B. Patil Institute of Management  
Sector-No. 26, Nigdi,  
Pradhikaran, Pune-411 044.





**S.B.Patil Institute of Management**  
**Sector No. 26, Pradhikaran, Nigdi, Pune - 411 044**



**Online Meeting**

**Staff:** Iram -Sultana Ansari

**Time:** 10:30 AM To: 11:30 AM

**Date:** 17 Dec 2020

**Title:** The Power of a Positive Mind

**Department:** MBA

**Url:** <https://us02web.zoom.us/j/6351419649?pwd=aVNtaWVmdENsNUIRd3hvNkk1K3o5UT09>

**Description:**

Roll.No.	Student	Attendance
20-21 MBA II Sem III : Div A		
1921301	Pawar Ajay Babasaheb	N
1921303	Darade Sejal Satish	Y
1921304	Khachane Vaishnavi Anil	Y
1921305	Kamble Deepak Jeevan	N
1921306	Premalwad Laxmikant Gajanan	Y
1921307	Pawar Pavan Shivaji	Y
1921308	Sawale Subodh Anna	N
1921309	Shinkar Vishwanath Pitambar	Y
1921310	Sonawane Sanket Dattatray	N
1921311	Mutha Taniya Pravin	N
1921312	Deshmukh Manaswi Anup	N
1921313	Joshi Aditya Dilip	Y
1921314	Ahale Ankush Shailesh	Y
1921315	Richhariya Harshita Richhariya	Y
1921316	Shinde Nikhil Kailash	N
1921317	ABHISHEK sharma	N
1921318	Babar Pranav Satish	Y
1921319	Saste Aditya Jalindar	Y
1921320	Kale Akshay Sahebrao	N
1921321	Lole Ashish Hanumant	Y
1921322	Mhaskar Rohit Madhukar	Y
1921323	Patil Surbhi Savalaram	N
1921324	Patil Akshay Santosh	N
1921325	Pawar Monica Kishan	Y
1921326	Gaud Pruthwiraj Dhairyashil	N
1921327	Raut Rakesh Rajendra	N
1921328	Shinde Nikhil Ramesh	Y
1921329	Surve Tushar Ramesh	N
1921330	Bhujbal Prathamesh Sanjaykumar	Y
1921331	Deshmukh Sagar Sadanand	N

*[Signature]*

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Pradhikaran, Pune-411 044.



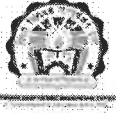


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**Sector No. 26, Pradhikaran, Nigdi, Pune - 411 044**



Roll.No.	Student	Attendance
1921332	Dhamal Jeevan Vilas	N
1921333	Gaikwad Onkar Ganpat	N
1921334	Gunjal Prasad Sambhaji	N
1921335	Kalbhor Nilesh Tukaram	N
1921336	Nigade Aditya Dipak	N
1921337	Patil Anant Vinayak	N
1921338	Patil Shriyash Balasaheb	N
1921339	Patil Yogesh Rajendra	N
1921340	Visapurkar Shruti Vinayak	N
1921341	Verma Mayank Barsatilal	N
1921342	Saloskar Pratik Prakash	N
1921343	Nair Akhil Rajeev	N
1921344	Sobale Chetan Ramdas	N
1921345	Hage Rupesh Eknath	Y
1921346	Alamkhan Badshaha Mohamed Aftab	N
1921347	Devkate Harshada Subhash	N
1921348	Ghule Satish Pandit	Y
1921349	Vivek Jagtap	Y
<b>20-21 MBA II Sem III : Div B</b>		
1921402	Ambade Manasi Anand	Y
1921403	Amrutkar Bhagyashree Rajendra	Y
1921404	Palande Prajakta Narendra	N
1921405	Asawa Hrushikesh Jugalkishor	N
1921406	Chaudhari Bhagyashri Laxman	Y
1921407	Bhisu Rajendra Ramuram	N
1921408	Dhage Pratima Suresh	N
1921409	Ingole Pritam Rajeshwar	Y
1921410	Jadhav Gopinath Ramkishan	N
1921411	Kadam Akanksha Shamrao	N
1921412	Kadam Deepali Mahesh	Y
1921413	Kale Kiran Subhash	N
1921414	Kamble Chinmay Narendra	N
1921415	Khanna Rahul Umesh	Y
1921416	Jaunjal Mansi Someshwar	Y
1921417	Maner Saba Rizwan	N
1921418	Maniyar Samad Sadik	Y





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**Sector No. 26, Pradhikaran, Nigdi, Pune - 411 044**



Roll.No.	Student	Attendance
1921419	Nirmal Satish Govindrao	N
1921420	Pinjan Abhijeet Ramesh	N
1921421	Chavada Piyush Sanjeev	Y
1921422	Bhosale Rekha Balasaheb	N
1921423	Sawant Deepali Dadasaheb	Y
1921424	Parmar Hiral Sunil	N
1921425	Morajkar Aniksha Bhanudas	Y
1921426	Manjare Kajal Jayvant	Y
1921427	Dev Khushabu Chandrakant	N
1921428	Tehare Manish Mahendrasingh	N
1921429	Jadhav Prachi Bhaskar	N
1921430	Anjana Sathyan	Y
1921431	Bhamare Utkarsh Vana	N
1921432	Faith Thomas	Y
1921434	Hangarge Vishvjeet Vasant	N
1921435	Kulkarni Varsha Vijay	Y
1921436	Mali Yogesh Machindra	N
1921437	More Bhushan Laxman	N
1921438	More Prerana Gajanan	N
1921439	Nalla Shruti Rakesh	Y
1921440	Khuspe Nilam Kishor	N
1921441	Padhy Ranjan Binod Chandra	N
1921442	Patil Chetan Shivaji	N
1921443	Patil Kajal Dinkar	Y
1921444	Surve Prathamesh Rajesh	N
1921445	Khan Faheem Ahmad	N
1921446	Reddy Sarita Babu	N
1921447	Roshin Mariam Roy	N
1921448	Shinde Sapana Kailash	N
1921449	Shivani koul	N
1921450	Shetty Nitin Nagraja	N
1921451	Sonawane Pankaj Sukdeo	Y
1921452	Thombre Kirti Damodar	N
1921453	Telang Venkatesh Sudhir	N
1921454	Wadkar Prashant Satish	N
1921455	Yadav Khushi Virendra	Y

  
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Roll.No.	Student	Attendance
1921456	Yele Chetan Pralhad	N
1921457	Yeole Akshay Ranganath	N
1921458	Yeole Pranali Ravindra	N
1921459	Robin Geevarghese	N
1921460	Ambekar Omkar Navnath	N
1921461	Nerkar Sanket Bhashkarrao	N
1921462	Paralkar Abhay Gahininath	N
1921463	Chavan Mayur Maruti	N
1921464	Dambiwal Shubham Nandlal	N
1921466	Nicholas Carol Cyril	N
1921467	Shrigondekar Dipti Ramesh	N
1921468	Sonawane Mrunal Mangesh	N
1921469	Malviya Ashok Rameshkumar	N
1921470	Kadam Dharmesh Sunil	Y
1921471	Jagtap Pratik Laxman	N
1921472	Jadhav Ramprasad Chandrakant	N
1921473	Yewale Shubham Dnyaneshwar	N
1921474	Jadhav Suraj Namdev	N
1921475	Kulkarni Vishal Ganesh	Y
1921476	Modanwal Niraj Ashok	N
1921477	Gavhane Nishigandha Satish	N
1921478	Tapkir Komal Nandkumar	N
1921479	Kulkarni Omkar Rajesh	N
1921480	Yadav Pallavi Laxman	N
1921481	Patil Prajakta Ramesh	Y
20-21 MBA II Sem III : Div C		
1921501	Avhad Maya Sanjay	N
1921502	Bhosale Bhavika Vikas	N
1921503	Gupte Kalyani Samir	Y
1921504	Kadam Sakshi Shrikant	N
1921505	Kamble Harshal Dilip	Y
1921506	Mhetras Mayuresh Mahesh	N
1921507	Rajput Akanksha Jitendra	N
1921508	Pitale Minal Naresh	Y
1921509	Bhokardankar Akshay Mukund	Y
1921510	Kotian Pooja Narayan	Y

  
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Roll.No.	Student	Attendance
1921511	Lokhande Varsha Bhikan	N
1921512	Sutar Manisha Dattatraya	Y
1921513	Bhadlikar Pooja Chandrashekhar	N
1921514	Pawar Pratik Mahadev	N
1921515	Ramgade Tanvi Atul	N
1921516	Shinde Shubham Sudhir	N
1921517	Rai Sneha	Y
1921518	Talele Varsha Tikaram	Y
1921519	Upadhyay Gaurav	N
1921520	Mathew Sonia Ivan	N
1921521	Joshi Siddhi Sunil	N
1921522	Pawar Pratiksha Jitendra	N
1921523	Soman Sojal Dilipkumar	N
1921524	Bankar Shruti Praveen	N
1921601	Davande Kartikeya Shashikant	N
1921602	Jaju Aakash Bhagwandas	Y
1921603	Telawade Sahil Vikas	Y
1921604	Kharde Pratik Ananta	Y
1921605	Gavhane Shweta Sanjay	N
1921606	Gharmalkar Aditya Prakash	N
1921607	Ghotmukle Amol Madhav	N
1921608	Jagtap Vikas Vithoba	N
1921609	Kadam Gaurav Rajendra	N
1921610	Kale Prashant Balasaheb	N
1921611	Kamble Ketan Ankush	N
1921612	Kavishwar Vishal Brijlal	N
1921613	More Hemant Prakash	N
1921614	Patil Rohan Balkrishna	N
1921615	Rajput Sagar Rameshsinh	N
1921616	Roy Sanu Mangal	N
1921617	Rupnavar Prashant Pandurang	N
1921618	Sarode Ritesh Eknath	N
1921619	Satpute Akshay Deorao	N
1921620	Tandan Rashmi Rajesh	N
1921621	Tupe Abhishek Shivaji	N
1921622	Waghmare Prakash Babasaheb	N

  
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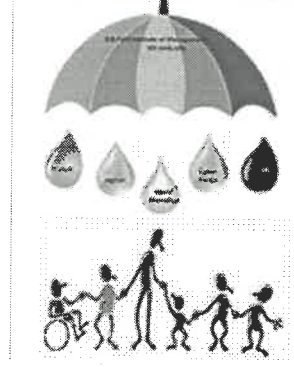
Roll.No.	Student	Attendance
1921623	Ahire Sandip Chhotu	N
1921624	Bais Saurabh Virendrasingh	Y
1921625	Mohane Swapnil Nandlal	N
1921701	Jadhav Mrugaja Atmaram	N
1921705	Patil Sayali Uttamrao	N
1921706	Ukarande Sumit Anil	N
Authorised Signatory		

**Director**  
S. B. Patil Institute of Management  
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Pradhikaran, Pune-411 044.





PCET's  
**S.B.Patil Institute of Management**



**Institute Social Responsibility**

**(ISR)**

**Notice**

Date: 14/12/2020

All the Students are hereby informed that an online awareness session has been arranged on the topic, **“The Power of a Positive Mind”**.

**Speaker: Ms. Arpita Gosh** (Counsellor ,Christ University)

**Date: 17<sup>th</sup> December 2020 (Thursday)**

**Timings: 10.30am to 11.30am**

To join this session log in to ERP go to Classroom tab --> then click to Join Event (As you do for attending the regular sessions).

Attendance is compulsory for all the students.

**Dr. Kirti Dharwadkar**

**Director**

**Director**  
S. B. Patil Institute of Management  
Sector No. 26, Nigdi,  
Pradhikaran, Pune-411 044.

