



PCET's  
S. B. Patil Institute of Management  
Gender Equity Series



Topic: "Food, Diet and Nutrition – An Overview"

Date: Thursday, 16<sup>th</sup> April 2021

Faculty coordinators: Dr. Swapnali Kulkarni

Students Coordinators: Ms. Gauri Sasturkar

No of students participated: 38

No of Faculty participated: 10

Report:

S. B. Patil Institute of Management organized a session on "Food, Diet and Nutrition" considering the importance of the topic via zoom platform. The session was delivered by Mrs. Sanjyot Sandupatla, Fitness Trainer and Nutritionist.

All the ladies staff members and the Girl students of MBA -I & II year were present online for the session. Firstly, Lady Representative Miss. Gauri Sasturkar started the session by explaining why the sessions on "Gender Equity" are important for girls. A welcome speech was given by Miss. Rutuja Adsul from MBA I year. She welcomed Mrs. Sanjyot and all the ladies who joined via zoom platform.

Mrs. Sanjyot Sandupatla started her session by emphasizing on the importance of food we eat and the nutrition we get from it. She said that nutrition in day-to-day life is very important and should not be missed. She explained how nutrition nourishes the body and how much it is needed.

After that she talked about carbohydrates, Fats, Vitamins. Further she explained that how much carbs n fats should one have. She said that "keep your body hydrated daily as it helps to keep



oneself fresh". She also said that due to pandemic the lectures are conducted online from morning till evening, for mental health fitness one should practice meditation.

Most of the participants found the session very informative and useful. Questions answer session was coordinated by Miss. Shivani Bhojne. The session ended with Vote of thanks proposed by Miss. Rutuja Chandere thanking Mrs. Sanjyot Unki Sandupatla and all the participants.

Photos:





Prepared By,

Dr. Swapnali Kulkarni  
Coordinator



Approved By,

Dr. Kirti Dharwadkar  
Director



P.C.E.T.'s

**S. B. PATIL INSTITUTE OF MANAGEMENT  
NOTICE**



**Date: 15/04/2021**

All the girl students of MBA-I and II Year students and ladies staff members are hereby informed that a session on **“Food, Diet and Nutrition – An Overview”** by Ms. Sanjyot Sandupatla, is scheduled on 16<sup>th</sup> April 2021 from 12.30 pm to 1.00 pm. Kindly attend the same.

**Dr. Kirti Dharwadkar**  
**Director,**  
**SBPIM**



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PIMPRI CHINCHWAD EDUCATION TRUST'S  
S. B. PATIL INSTITUTE OF MANAGEMENT



Gender Equity Sessions  
Ac Year 2020 - 21  
Women Staff Attendance (Students)

MBA - I

Date - 16/04/21

Name of the event - Food, Diet & Nutrition.

Sr No	Roll No	Surname	Name	Attendance
1	MB20115846	ARADHYE	MANASI	P
2	MB20109838	BHARAMBE	NIKITA	P
3	MB20105898	CHAVAN	AMRUTA	P
4	MB20110490	FIRAKE	GUNJAN	
5	MB20116866	GHATGE	SAYALI	P
6	MB20138787	GUPTA	VAISHNAVI	P
7	MB20103265	KACHOLE	TEENA	P
8	MB20137687	KALBHOR	RUTUJA	
9	MB20122424	KALE	AACHAL	P
10	MB20101209	KALSHETTI	SNEHA	P
11	MB20101359	KAMBLE	SNEHAL	
12	MB20117303	KAWARE	RUTUJA	P
13	MB20128938	KULKARNI	SHWETA	P
14	MB20140892	MASKEY	MRUNALI	
15	MB20124165	MATE	SNEHAL	
16	MB20102991	PACHORKAR	JUI	P
17	MB20119555	PAWAR	HARSHADA	P
18	MB20109052	PILLAI	GOPIKA	
19	MB20118829	POKALE	RAKSHA	
20	MBA20100195	SINGH	AANCHAL	P
21	MB20106300	TUMBLE	AACHAL	P
22	MB20109660	ZADBUKE	SHIVANI	
23	MB20142458	LOHAR	JAYASHRI	
24	MB20130513	AGLAWA	REVATI	
25	MB20105967	AGRAWAL	PAYAL	
26	MB20106670	-	ASHWINI	P
27	MB20105420	BANDARKAR	AISHWARYA	
28	MB20165703	CHIKODE	AISHWARYA	
29	MB20152242	DESHMUKH	MRUNAL	
30	MB20111002	GHADGE	TANUJA	
31	MB20110802	JATAR	NEHA	P
32	MB20131380	MAHANKALE	ASHVINI	
33	MB20138607	MISAL	MONALI	
34	MB20110354	MORE	SHRADHA	
35	MB20130611	NARKHEDE	KHUSHBU	P
36	MB20130675	NIHALANI	KHUSHBOO	
37	MB20123048	PARDESHI	NIKITA	
38	MB20125100	PATIL	ASHWINI	P
39	MB20106995	RAIPATREWAR	AKANKSHA	P
40	MB20127003	SONAWANE	DIKSHA	P
41	MB20149495	SONAWANE	NEHA	



42	MB20120056	THOKAL	VAISHNAVI	
43	MB20117069	UBHALKAR	RAGINI	P
44	MB20127955	YADAV	PRANALI	
45	MB20144302	MUSALE	PRRIYANKA	
46	MB20122692	ADSUL	RUTUJA	P
47	MB20107020	BHOJANE	SHIVANI	P
48	MB20111903	CHANDERE	RUTUJA	P
49	MB20111332	DADAR	AISHWARYA	P
50	MB20107981	DALVI	TEJASWINI	P
51	MB20150264	DAYRE	JAYMALA	
52	MB20103766	DODKE	VAISHNAVI	P
53	MB20103970	GANARDE	SNEHAL	P
54	MB20117750	Ghule	Diksha	P
55	MB20106696	KADLAK	SAIUKTHA	
56	MB20102096	KAMBLE	HARSHADA	P
57	MB20133877	KOKARE	SHWETA	
58	MB20100059	KULKARNI	AMRUTA	
59	MB20148212	MORE	SNEHAL	
60	MB20132934	MUNDE	AMRUTA	
61	MB20103330	NAMBIRAJAN	VIJI	P
62	MB20109982	PATADE	SHIVANI	P
63	MB20106759	RAUT	SRUSHTI	P
64	MB20102208	SAM	MERIN MARIYAM	P
65	MB20101815	SASTURKAR	GAURI	P
66	MB20142345	SAVLE	SANSKRUTI	.
67	MB20146908	SHIRKE	PRAJAKTA	P
68	MB20126798	SURVE	ISHWARI	P
69	MB20113457	SURVE	VAISHNAVI	P
70	MB20104542	SURYAWANSHI	MEGHANA	P
71	MB20125372	SWAMI	AKSHATA	P
72	MB20137703	TOMPE	RASHMI	P
73	MB20104047	YADAV	NEHA	
74	MB20141401	ZAGADE	PRIYANKA	P
75	MB20103887	GAVAS	PUNAM	P
76	MB20154409	-	GLENNY	P
77	MB20122530	LONARE	MAYURI	





PIMPRI CHINCHWAD EDUCATION TRUST'S  
S. B. PATIL INSTITUTE OF MANAGEMENT  
Gender Equity Sessions  
Ac Year 2020 - 21  
Women Staff Attendance



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16/04/21

MBA - II

Food Diet & Nutrition

Sr No	Roll No	Surname	Name	Attendance
1	mb19217255	AKANKSHA	RAJPUT	P
2	mb19200828	ANIKSHA	MORAJKAR	
3	mb19218688	BHAGYASHREE	AMRUTKAR	
4	mb19215211	BHAGYASHRI	CHAUDHARI	P
5	mb19203946	BHAVIKA	BHOSALE	
6	mb19215318	DEEPALI	KADAM	P
7	mb19236199	DEEPALI	SAWANT	
8	mb19202862	HARSHITA	RICHHARIYA	
9	mb19222337	KAJAL	MANJARE	P
10	mb19210290	KALYANI	GUPTA	
11	mb19202121	KHUSHABU	DEV	
12	mb19207137	MANASI	AMBADE	
13	mb19209695	MANASWI	DESHMUKH	P
14	mb19207558	MANSI	JAUNJAL	
15	mb19219473	MAYA	AVHAD	
16	mb19223000	MINAL	PITALE	P
17	mb19235777	MRUGAJA	JADHAV	
18	mb19228676	PRACHI	JADHAV	
19	mb19206812	PRAJAKTA	PALANDE	
20	mb19229126	PRAJAKTA	PATIL	P
21	mb19205642	PRATIMA	DHAGE	
22	mb19242679	PRIYANKA	GARUD	
23	mb19228583	REKHA	BHOSALE	
24	mb19252420	SABA	MANER	P
25	mb19227742	SAKSHI	KADAM	
26	mb19211643	SEJAL	DARADE	
27	mb19220576	SHRUTI	BANKAR	P
28	mb19224152	TANIYA	MUTHA	
29	mb19201288	VAISHNAVI	KHACHANE	
30	mb19234614	HARSHADA	DEVKATE	
31	mb19207478	KAJAL	PATIL	P
32	mb19226802	KHUSHI	YADAV	
33	mb19208739	KIRTI	THOMBRE	
34	mb19225754	MANISHA	SUTAR	P
35	mb19216394	MONICA	PAWAR	
36	mb19250137	NILAM	KHUSPE	
37	mb19221771	POOJA	KOTIAN	P
38	mb19224480	POOJA	BHADLIKAR	
39	mb19202140	PRANALI	YEOLE	
40	mb19225287	PRERANA	MORE	P
41	mb19202377	ROSHIN	ROY	
42	mb19251636	SAPANA	SHINDE	
43	mb19232083	SARITA	REDDY	



44	mb19214690	SATHYAN	ANJANA	
45	mb19222782	SHIVANI	KOUL	
46	mb19220957	SHRUTI	NALLA	P
47	mb19211006	SNEHA	RAI	
48	mb19212581	SURBHI	PATIL	
49	mb19205287	TANVI	RAMGADE	
50	mb19212124	THOMAS	FAITH	
51	mb19202529	VARSHA	TALELE	P
52	mb19210207	VARSHA	KULKARNI	
53	mb19206160	VARSHA	LOKHANDE	
54	mb19205397	CAROL	NICHOLAS	
55	mb19204554	DIPTI	SHRIGONDEKAR	P
56	mb19219952	MRUNAL	SONAWANE	
57	mb19223868	NISHIGANDHA	GAVHANE	
58	mb19238254	PALLAVI	YADAV	
59	mb19236119	PRAJAKTA	SHARMA	P
60	mb19252646	PRATIKSHA	PAWAR	
61	mb19202060	RASHMI	TANDAN	
62	mb19210723	SAYALI	PATIL	P
63	mb19204639	SHRUTI	VISAPURKAR	
64	mb19207428	SHWETA	GAVHANE	P
65	mb19252922	SIDDHI	JOSHI	P
66	mb19252543	SOJAL	SOMAN	
67	mb19215234	SONIA	MATHEW	P





PIMPRI CHINCHWAD EDUCATION TRUST'S  
S. B. PATIL INSTITUTE OF MANAGEMENT



Gender Equity Sessions

Ac Year 2020 - 21

Women Staff Attendance

Date - 16 April 2021

Name of the event - Food, Diet & Nutrition

Sr No	Name	Sign
1	Dr. Kirti Dharwadkar	
2	Dr. Kajal Maheshwari	
3	Dr. Parnita Burbure	
4	Dr. Aishwarya Gopalkrishnan	
5	Dr. Lakshmi Jasti	
6	Dr. Swapnali Kulkarni	
7	Dr. Iram Ansari	
8	Dr. Anuradha Phadnis	
9	Ms. Supriya Panse	
10	Ms. Swati Satpute	

