



PCET's

S. B. Patil Institute of Management, Pune



REPORT ON OM CHANTING AND MEDITATION

Name of the Event: - Session Om Chanting and Mediation

Date: - 21/11/2019

Time: - Morning before Class 9:00 AM to 9:30 PM

Venue: - Class

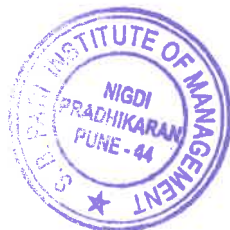
Number of Students Attended: - 43

Event Coordinator: - Dr. Amarish Padma

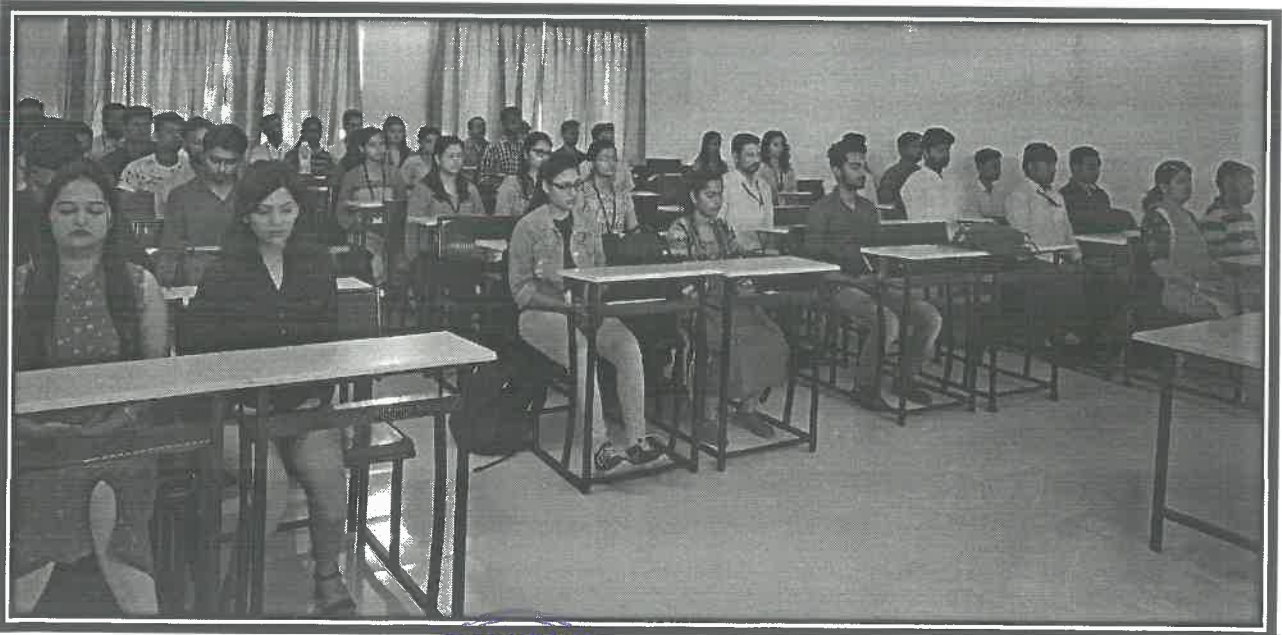
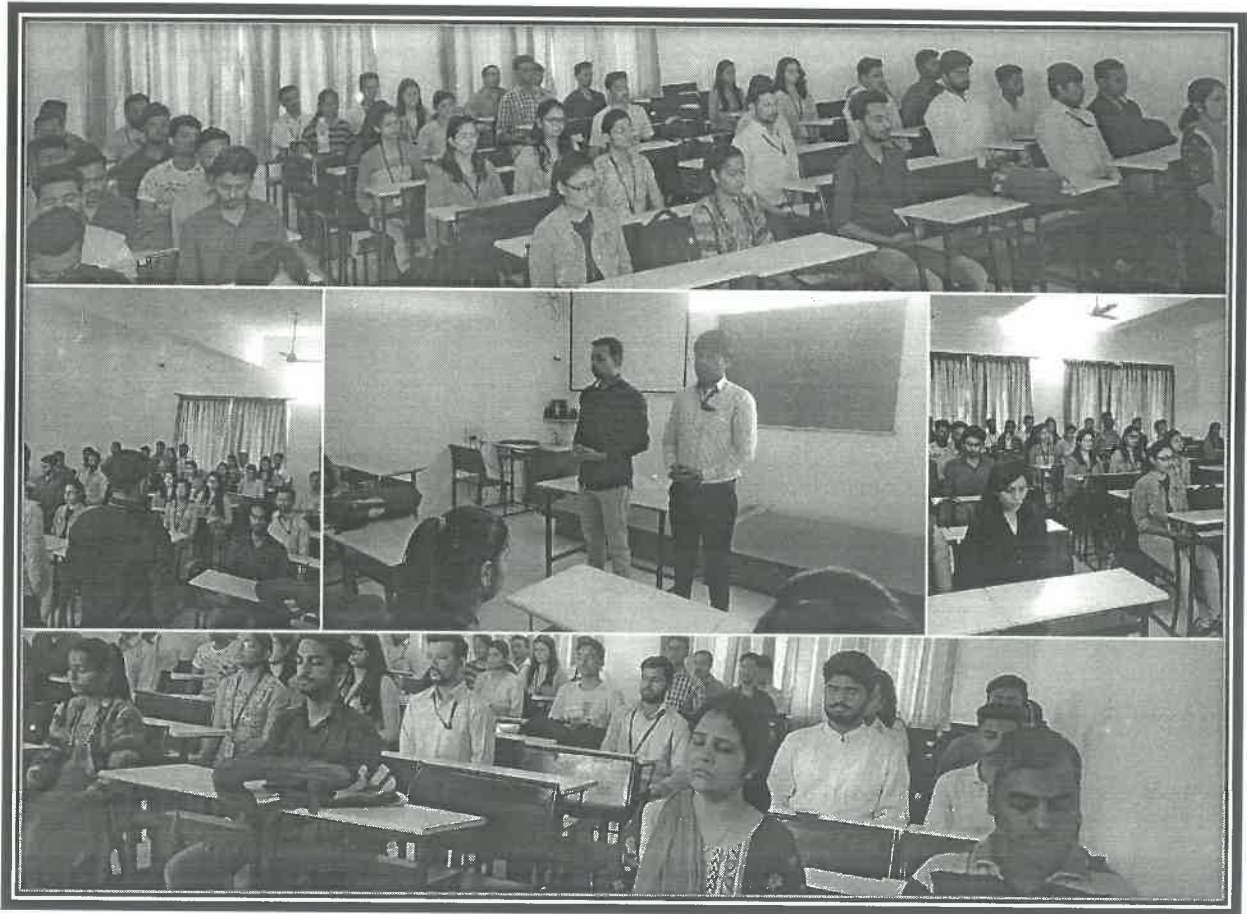
Program Details: -

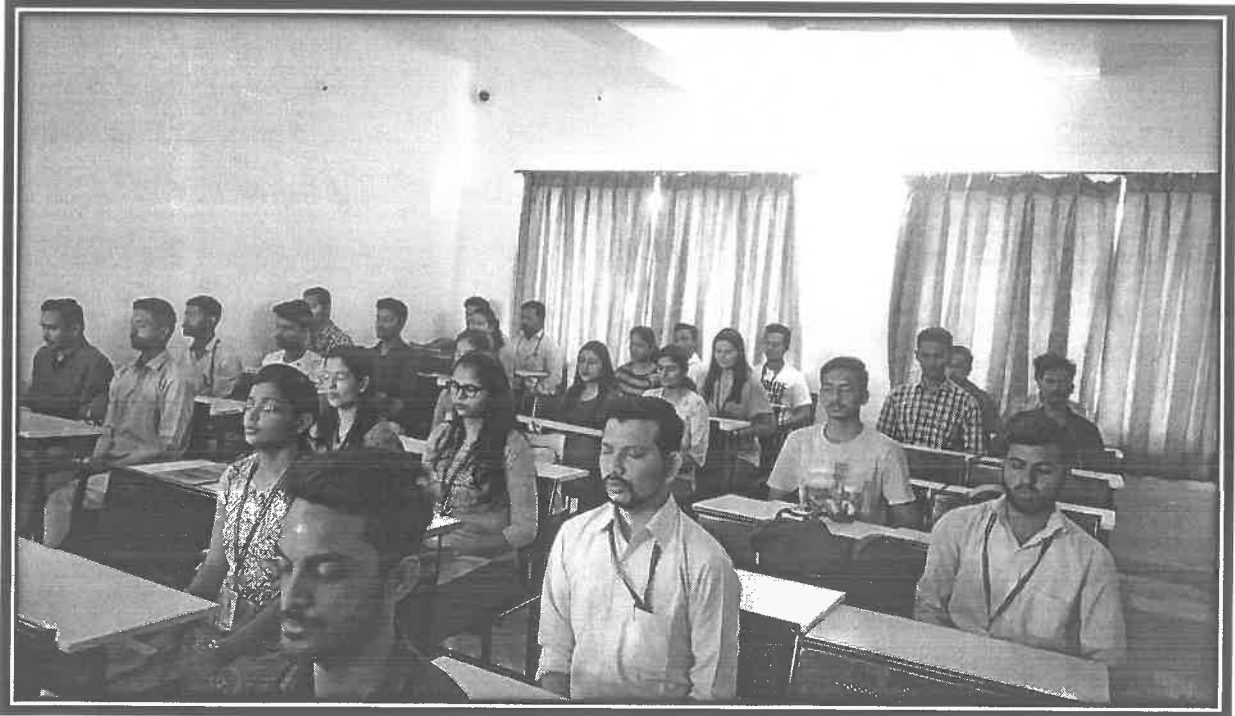
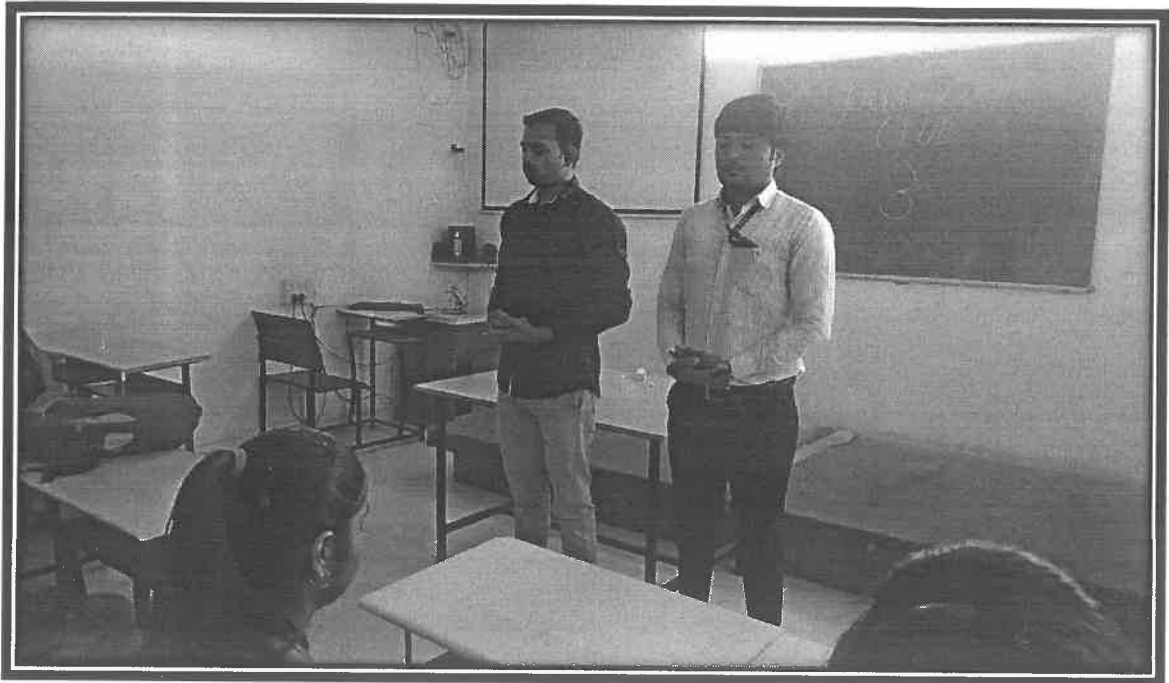
The SBPIM Yoga & Wellness Club conducted "OM Chanting" session for the MBA-I & II Year students session helped students to refresh and energies them. The session was conducted on 21st November 2019.

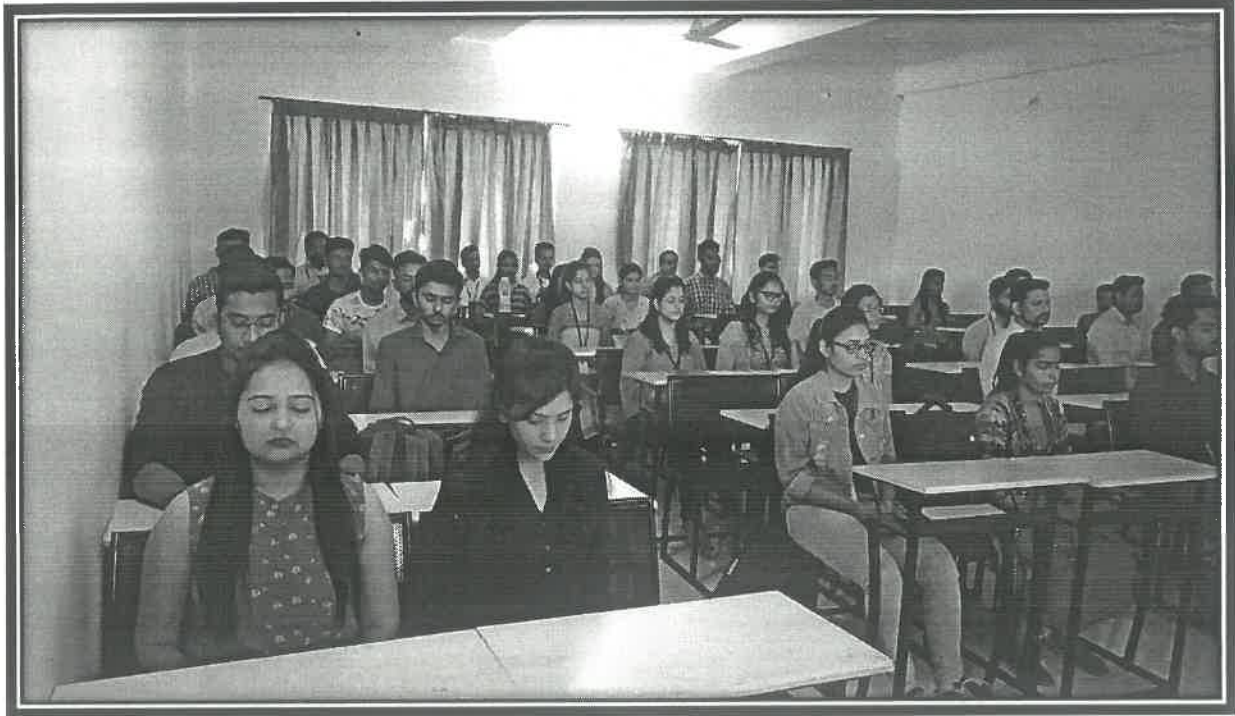
The regular sessions are conducted on OM chanting during the class hours. These chanting bring harmony in the body and mind. Students chant mantras loudly and together in a group and recite in a normal or medium tone of the voice. These vibrations and rhythmic pronunciation also have a physical effect on the body by slowing down the nervous system and calming the mind similar to meditation. When the mind is relaxed, blood pressure decreases and ultimately the health of heart improve. So SBPIM club decides to practice these chanting as a part of their life.





Photos of the Event: -







Dr. Amarish Padma 
Dr. Kajal Maheshwari 
Event Coordinator, SBPIM




Dr. Kirti Dharwadkar
Director I/C, SBPIM

P.C.E.T.'S
S. B. PATIL INSTITUTE OF MANAGEMENT
OM CHANTING AND MEDITATION

Date: 21/11/2019

Sr. No.	Name of the Student	Attendance
1	Pawar Ajay Babasaheb	P
2	Darade Sejal Satish	P
3	Khachane Vaishnavi Anil	P
4	Kamble Deepak Jeevan	P
5	Premalwad Laxmikant Gajanan	
6	Pawar Pavan Shivaji	
7	Sawale Subodh Anna	
8	Shinkar Vishwanath Pitambar	P
9	Sonawane Sanket Dattatray	P
10	Mutha Taniya Pravin	
11	Deshmukh Manaswi Anup	
12	Joshi Aditya Dilip	
13	Ahale Ankush Shailesh	
14	Richhariya Harshita Richhariya	
15	Shinde Nikhil Kailash	
16	Sharma Abhishek	P
17	Babar Pranav Satish	
18	Saste Aditya Jalindar	
19	Kale Akshay Sahebrao	
20	Lole Ashish Hanumant	P
21	Mhaskar Rohit Madhukar	
22	Patil Surbhi Savalaram	P
23	Patil Akshay Santosh	
24	Pawar Monica Kishan	
25	Gaud Pruthwiraj Dhairyashil	
26	Raut Rakesh Rajendra	
27	Shinde Nikhil Ramesh	P
28	Surve Tushar Ramesh	
29	Bhujbal Prathamesh Sanjaykumar	
30	Deshmukh Sagar Sadanand	
31	Dhamal Jeevan Vilas	
32	Gaikwad Onkar Ganpat	
33	Gunjal Prasad Sambhaji	
34	Kalbhor Nilesh Tukaram	
35	Nigade Aditya Dipak	
36	Patil Anant Vinayak	
37	Patil Shriyash Balasaheb	
38	Patil Yogesh Rajendra	P
39	Visapurkar Shruti Vinayak	
40	Verma Mayank Barsatilal	
41	Saloskar Pratik Prakash	
42	Nair Akhil Rajeev	P
43	Sobale Chetan Ramdas	
44	Hage Rupesh Eknath	P
45	Alamkhan Badshaha Mohamed Aftab	
46	Devkate Harshada Subhash	
47	Ghule Satish Pandit	
48	Ambade Manasi Anand	P
49	Amrutkar Bhagyashree Rajendra	
50	Palande Prajakta Narendra	
51	Asawa Hrushikesh Jugalkishor	
52	Chaudhari Bhagyashri Laxman	
53	Bhisu Rajendra Ramuram	
54	Dhage Pratima Suresh	P
55	Ingole Pritam Rajeshwar	P
56	Jadhav Gopinath Ramkishan	
57	Kadam Akanksha Shamrao	
58	Kadam Deepali Mahesh	P



Sr. No.	Name of the Student	Attendance
59	Kale Kiran Subhash	
60	Kamble Chinmay Narendra	
61	Khanna Rahul Umesh	P
62	Jaunjal Mansi Someshwar	
63	Maner Saba Rizwan	
64	Maniyar Samad Sadik	P
65	Nirmal Satish Govindrao	
66	Pinjan Abhijeet Ramesh	
67	Chavada Piyush Sanjeev	P
68	Bhosale Rekha Balasaheb	P
69	Sawant Deepali Dadasaheb	
70	Parmar Hiral Sunil	
71	Morajkar Aniksha Bhanudas	
72	Manjare Kajal Jayvant	
73	Dev Khushabu Chandrakant	P
74	Tehare Manish Mahendrasingh	
75	Jadhav Prachi Bhaskar	
76	Anjana Sathyan	
77	Bhamare Utkarsh Vana	P
78	Faith Thomas	
79	Hangarge Vishvjeet Vasant	P
80	Kulkarni Varsha Vijay	
81	Mali Yogesh Machindra	
82	More Bhushan Laxman	
83	More Prerana Gajanan	
84	Nalla Shruti Rakesh	
85	Khuspe Nilam Kishor	P
86	Padhy Ranjan Binod Chandra	
87	Patil Chetan Shivaji	
88	Patil Kajal Dinkar	
89	Surve Prathamesh Rajesh	P
90	Khan Faheem Ahmad	
91	Reddy Sarita Babu	
92	Roshin Mariam Roy	P
93	Shinde Sapana Kailash	P
94	Koul Shivani Nil	
95	Shetty Nitin Nagraja	
96	Sonawane Pankaj Sukdeo	
97	Thombre Kirti Damodar	
98	Telang Venkatesh Sudhir	
99	Wadkar Prashant Satish	
100	Yadav Khushi Virendra	
101	Yele Chetan Pralhad	
102	Yeole Akshay Ranganath	
103	Yeole Pranali Ravindra	
104	Robin Geevarghese	
105	Ambekar Omkar Navnath	P
106	Nerkar Sanket Bhashkarrao	
107	Paralkar Abhay Gahininath	
108	Chavan Mayur Maruti	
109	Dambiwal Shubham Nandlal	
110	Nicholas Carol Cyril	
111	Shrigondekar Dipti Ramesh	
112	Sonawane Mrunal Mangesh	
113	Malviya Ashok Rameshkumar	
114	Kadam Dharmesh Sunil	
115	Jagtap Pratik Laxman	P
116	Jadhav Ramprasad Chandrakant	P
117	Yewale Shubham Dnyaneshwar	
118	Jadhav Suraj Namdev	
119	Kulkarni Vishal Ganesh	
120	Modanwal Niraj Ashok	
121	Gavhane Nishigandha Satish	



Sr. No.	Name of the Student	Attendance
122	Tapkir Komal Nandkumar	P
123	Kulkarni Omkar Rajesh	
124	Yadav Pallavi Laxman	P
125	Patil Prajakta Ramesh	P
126	Avhad Maya Sanjay	P
127	Bhosale Bhavika Vikas	
128	Gupte Kalyani Samir	
129	Kadam Sakshi Shrikant	
130	Kamble Harshal Dilip	
131	Mhetras Mayuresh Mahesh	
132	Rajput Akanksha Jitendra	
133	Pitale Minal Naresh	
134	Bhokardankar Akshay Mukund	
135	Kotian Pooja Narayan	
136	Lokhande Varsha Bhikan	
137	Sutar Manisha Dattatraya	
138	Bhadlikar Pooja Chandrashekhar	
139	Pawar Pratik Mahadev	
140	Ramgade Tanvi Atul	
141	Shinde Shubham Sudhir	
142	Rai Sneha	
143	Talele Varsha Tikaram	
144	Upadhyay Gaurav	
145	Mathew Sonia Ivan	
146	Joshi Siddhi Sunil	P
147	Pawar Pratiksha Jitendra	
148	Soman Sojal Dilipkumar	
149	Bankar Shruti Praveen	
150	Davande Kartikeya Shashikant	
151	Jaju Aakash Bhagwandas	
152	Telawade Sahil Vikas	
153	Kharde Pratik Ananta	
154	Gavhane Shweta Sanjay	P
155	Gharmalkar Aditya Prakash	
156	Ghotmukle Amol Madhav	P
157	Jagtap Vikas Vithoba	
158	Kadam Gaurav Rajendra	
159	Kale Prashant Balasaheb	
160	Kamble Ketan Ankush	P
161	Kavishwar Vishal Brijlal	
162	More Hemant Prakash	
163	Patil Rohan Balkrishna	
164	Rajput Sagar Rameshsinh	
165	Roy Sanu Mangal	P
166	Rupnavar Prashant Pandurang	
167	Sarode Ritesh Eknath	
168	Satpute Akshay Deorao	P
169	Tandan Rashmi Rajesh	
170	Tupe Abhishek Shivaji	
171	Waghmare Prakash Babasaheb	
172	Ahire Sandip Chhotu	
173	Bais Saurabh Virendrasingh	P
174	Mohane Swapnil Nandlal	
175	Jadhav Mrugaja Atmaram	
176	Patil Sayali Uttamrao	P
177	Ukarande Sumit Anil	

Total = 43

