



Pimpri Chinchwad Education Trust's
S. B. PATIL INSTITUTE OF MANAGEMENT

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EVENT REPORT

Name of the Event / Activity	Awareness session on Menstrual Hygiene
Name of the Collaborating body	Brandtouch Analytics, Whisper and Gillette Venus
Committee / Cell (if any)	Institute Social Responsibility
Faculty Coordinator Name	Dr. Iram Ansari & Dr. Aishwarya Gopalakrishnan
Student Coordinator Name	Ms. Rajnandini Sawalkar
Day & Date	Friday, 6 th October 2023
Venue	SBPIM, Seminar Hall
Number of Participants	114
Nature of the Activity (Curricular / Co-Curricular / Extra-Curricular)	Co-Curricular

Brief Information of the Activity:

Topic of the Activity: - Awareness session on Menstrual Hygiene

Objectives: -

1. To educate students about the importance of menstrual health and hygiene.
2. To dispel myths and misconceptions surrounding menstruation.
3. To promote healthy menstrual practices and address common menstrual-related issues.
4. To empower students with knowledge and resources to support their menstrual well-being.
5. To create a supportive and inclusive environment for students experiencing menstruation.

Outcomes: -

1. Increased Knowledge and Awareness: Students gained a comprehensive understanding of menstrual health and hygiene, including the importance of proper hygiene practices, managing common symptoms, and seeking medical attention when necessary.

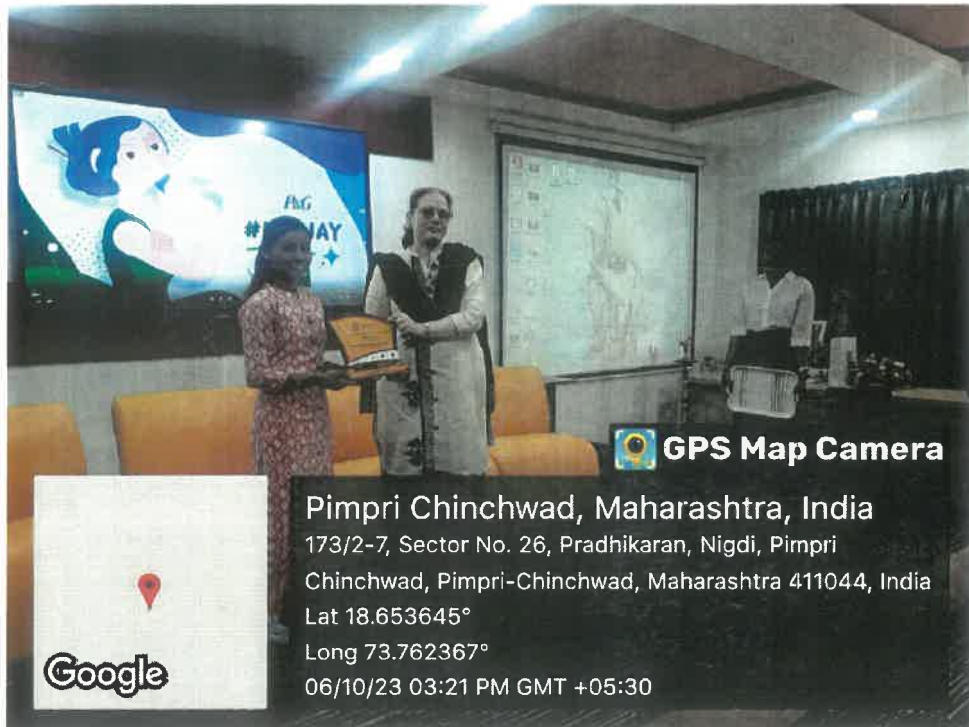
2. **Dispelling Myths and Misconceptions:** The session helped break down cultural and societal taboos surrounding menstruation, promoting open and honest conversations about menstrual health.
3. **Improved Menstrual Practices:** Students were equipped with practical knowledge and skills to implement healthy menstrual hygiene practices, leading to improved overall menstrual well-being.
4. **Empowerment and Inclusivity:** The awareness session empowered students to advocate for their menstrual health needs and created a supportive environment where they felt comfortable discussing menstrual-related issues.
5. **Healthier Students:** By promoting menstrual hygiene and addressing common menstrual-related concerns, the session contributed to students' overall health and well-being, allowing them to fully participate in academic and extracurricular activities.

Brief Report: -

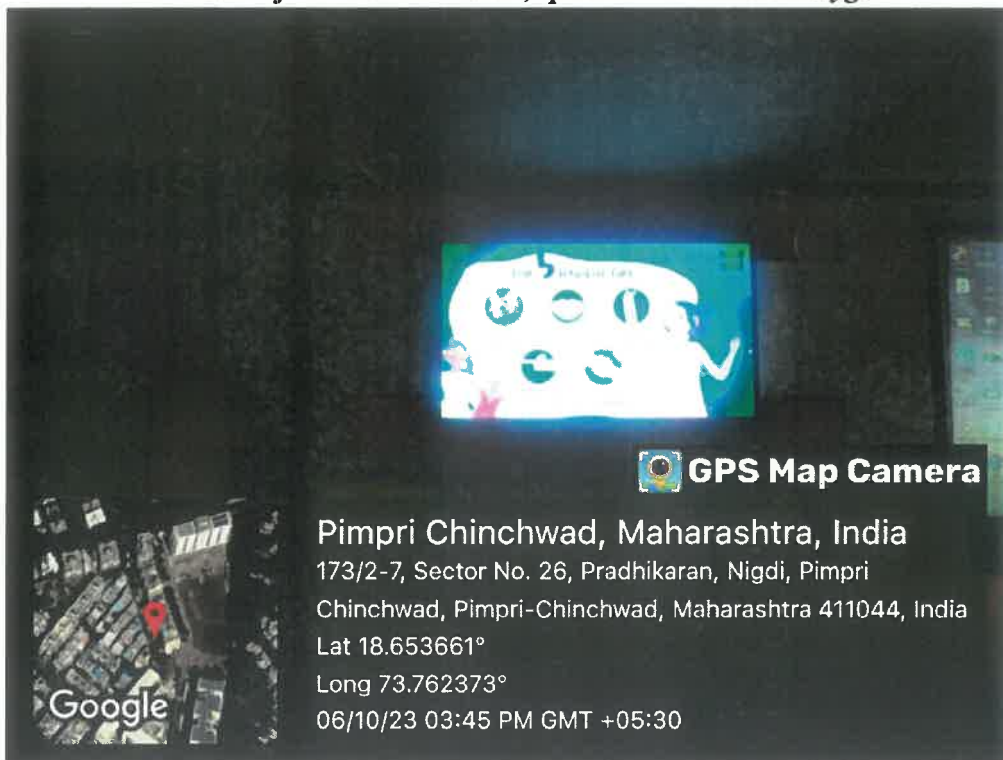
We at SBPIM believe in inspiring, motivating and encouraging our women to be confident individuals. Good menstrual hygiene management (MHM) plays a fundamental role in enabling women, girls, and other menstruations to reach their full potential.

The negative impacts of a lack of good menstrual health and hygiene cut across sectors, so the World Bank takes a multi-sectoral, holistic approach in working to improve menstrual hygiene in its operations across the world. In solidarity with the United Nations Wash programme, SBPIM organised a workshop on Menstrual Hygiene and Personality development for our Female students and staff in association with Brandtouch Analytics, the programme was sponsored by Whisper and Gillette Venus on 6th October 2023 from 3.00pm to 4.00 pm. Dr.Roopali Kudare welcomed the speaker Ms.Sakshi Shinde, who spoke on myths and reality during Mensuration. and Dr.Aishwarya Gopalakrishnan proposed the vote of thanks. It was a wonderful session and the wonderful women were gifted small hampers at the end of the session. The host for the show was Ms.Rajnandini Sawalkar. It was a wonderful session and the wonderful women were gifted small hampers at the end of the session.

Geo-tag Photos: -



Felicitation of Ms. Sakshi Shinde, speaker on Menstrual hygiene



Ms. Sakshi Shinde Presenting the Presentation for Health and Hygiene during Mensuration



Female staff and students with the speaker Ms. Sakshi Shinde



Excited SBPIM girl students with the gift hamper from Whisper and Gillet Venus



Aware and Happy faces at the end of the session



Appreciation Certificate to SBPIM from Brandtouch & Analytics

Event Coordinator
Dr. Iram Ansari

IQAC Coordinator
Dr. Amarish Padma

Director
Dr. Kirti Dharwadkar

