



PIMPRI CHINCHWAD EDUCATION TRUST
A Trusted Brand in Education Since 1990..

Pimpri Chinchwad Education Trust's

S. B. PATIL INSTITUTE OF MANAGEMENT

AICTE Approved / Permanently Affiliated to SPPU, Pune

NBA Accredited | NAAC Accredited |

Sector No. 26, Pradhikaran, Nigdi, Pune - 411 044.

Phone: 020-27656900 / 8796076060 / 7887570600 | Email: sbpatilmba@gmail.com,

Website: www.sbpatilmba.com



MINDFULNESS IN STRESS MANAGEMENT

THIS CERTIFICATE IS PRESENTED TO

Mr./Ms. Shinde Rutuja Shinde

in Recognition for attending the guest session on **Mindfulness in Stress Management** held on **24th February 2023** from 10:00 a.m. to 11:30 a.m. at S.B.Patil Institute of Management.

Dr. Kirti Dharwadkar
Director, SBPIM