



P.C.E.T.'s

S. B. PATIL INSTITUTE OF MANAGEMENT



NOTICE

Date: 23/02/2023

All the students of MBA – I & II Year and faculty members are hereby informed that a Yoga & Wellness Club of SBPIM has scheduled Guest Session as per details given below:

Details of the session:

Topic: Mindfulness in Stress Management

Speaker: Mrs. Anuradha Kulkarni

Yoga Instructor, Yogvidya Dham

Date: Friday, February 24, 2023

Time: 10:00 am - 11:30 am

Venue: SBPIM Seminar Hall-1

All the students are requested to attend the session.

Dr. Kirti Dharwadkar
Director, SBPIM

