

# **YUVOTSAV - 15**

## **Rules and Regulations of Sports**

### ❖ **General Rules: -**

1. Every student must carry ID- Card of their college.
2. All rights reserved with the organizers.
3. Only Limited numbers of teams are allowed to participate.
4. Registrations of the teams are on first come- first served basis.
5. Entry fees are non-refundable

### ❖ **Rules for Football: -**

1. Number of players 10 in a team 7 playing inside the field, 3 player substitute.
2. Number of substitution allowed (Rolling Substitution)
3. Dress code -every team should have proper kit for playing football so as to reduce injuries. I). Jersey, II). Stocking, III). Shin guard.

### ❖ **Rules for Basketball: -**

#### • **Team Rosters**

1. Team roster must be submitted 30 minutes prior to each game.
2. Team roster is limited to 12 players.
3. A team roster becomes official and frozen at the end of the teams 2nd game.
4. Every player can play for only one team.
5. Teams will not be permitted to participate until all fees have been paid.

6. All teams must wear basketball jerseys during their games. Each jersey must have the same color and they must have numbers. Basketball shoes must be worn.
7. All jewelry must be removed. Necklaces, earrings and watches cannot be worn during the game.

- **Playing Rules**

1. The clock will stop on all fouls and violations only during the last ten seconds of the first half and the last two minutes of the second half.
2. The clock will not stop if a team is ahead by 15 points or more.
3. Overtime: All overtime will consist of three minute periods with clock stopping with fouls and violations in the last one minute.
4. Time Outs: Each team will be given 2 time outs (1 minute) per half and they will not carry over. In case of overtime, 1 extra time out will be given.

- ❖ **Rules for Volleyball: -**

1. Maximum 12 Players in each Team. 6 in the court rest will be on the bench
2. Team may touch the ball three times
3. There will be no Rotation
4. Violence may lead to disqualification of the team
5. It will be a Rally Scoring point Game.
6. The Match will be Best of 3